



Weekly Meal Planner

Week

	Breakfast	Lunch	Dinner	Snacks	Other
Monday	Recipe Location	Recipe Location	Recipe Location	Recipe Location	
Tuesday	Recipe Location	Recipe Location	Recipe Location	Recipe Location	
Wednesday	Recipe Location	Recipe Location	Recipe Location	Recipe Location	
Thursday	Recipe Location	Recipe Location	Recipe Location	Recipe Location	
Friday	Recipe Location	Recipe Location	Recipe Location	Recipe Location	
Saturday	Recipe Location	Recipe Location	Recipe Location	Recipe Location	
Sunday	Recipe Location	Recipe Location	Recipe Location	Recipe Location	



Weekly Grocery List

Week _____

Harvest2U Delivery

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Dairy

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Fish / Meat / Poultry

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Rice and Pasta

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Bakery / Deli

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Baking / Spices / Condiments

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Beverages

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Cleaning

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Miscellaneous

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